

**2009-2010 Sunscreen Policy/Procedure and Permission Form**

Heart of the Shepherd Child Development Center will apply sunscreen to children prior to going outside. HOTS CDC will provide sunscreen for all children. Parents whose children need a specific brand of sunscreen because of allergies or other medical reasons may provide that sunscreen with a doctor's note and medication permission form. Special sunscreen must be labeled with the child's name and used only by that child. Staff will post a notice to this effect in the classroom. Parents are asked to apply sunscreen to their children during the months of April-October prior to coming to the Center.

**The sunscreen that HOTS CDC supplies will:**

- be PABA free
- be water-resistant
- have an SPF of at least 30

**Staff and Teachers will follow these procedures:**

- Apply sunscreen during the months of April through October and other times when the sun seems intense.
- Apply sunscreen in the morning and afternoon and anytime necessary in between, preferably  $\frac{1}{2}$  hour prior to exposure.
- Apply sunscreen liberally, with special attention to cheeks, shoulders, backs of legs and upper arms.
- Apply sunscreen before and after water play.
- Do not apply sunscreen to infants under 12 months of age unless specified in writing by a parent.
- Do not apply sunscreen to toddler's hands or foreheads, since sweat can cause it to get in children's eyes.
- We may apply zinc oxide to the ears and nose of infants and older children.
- School-age children may apply sunscreen to themselves with adult supervision.

\_\_\_I give permission to Heart of the Shepherd Child Development Center Staff and Teachers to apply Sunscreen to my child.

\_\_\_My child is under the age of 12 months and I give permission to Heart of the Shepherd Child Development Center to apply sunscreen to my child under the age of 12 months.

\_\_\_I do NOT give permission to Heart of the Shepherd Child Development Center Staff and Teachers to apply sunscreen to my child.

Parent's Signature (s) \_\_\_\_\_  
\_\_\_\_\_

Child's Name \_\_\_\_\_ Date\_\_\_\_\_