

## Sunscreen Policy/Procedure and Permission Form

Heart of the Shepherd Child Development Center will apply sunscreen to children prior to going outside. HOTS CDC will provide sunscreen for all children. Parents whose children need a specific brand of sunscreen because of allergies or other medical reasons may provide that sunscreen with a doctor's note. Special sunscreen must be labeled with the child's name and used only by that child. Staff will post a notice to this effect in the classroom. Parents are asked to apply sunscreen to their children during the months of April-October prior to coming to the Center.

### **The sunscreen that HOTS CDC supplies will:**

- be PABA free
- be water-resistant
- have an SPF of at least 30

### **Staff and Teachers will follow these procedures:**

- Apply sunscreen during the months of April through October and other times when the sun seems intense.
- Apply sunscreen in the morning and afternoon, and anytime necessary in between, preferably  $\frac{1}{2}$  hour prior to exposure.
- Apply sunscreen liberally, with special attention to cheeks, shoulders, backs of legs and upper arms.
- Apply sunscreen before and after water play.
- Will not apply sunscreen to infants under 12 months of age unless specified below by a parent.
- Will not apply sunscreen to toddler's hands or foreheads, since sweat can cause it to get in children's eyes.
- School-age children may apply sunscreen to themselves with adult supervision.

\_\_\_ I give permission to Heart of the Shepherd Child Development Center Staff and Teachers to apply sunscreen to my child.

\_\_\_ My child is under the age of 12 months and I give permission to Heart of the Shepherd Child Development Center to apply sunscreen to my child.

\_\_\_ I do NOT give permission to Heart of the Shepherd Child Development Center Staff and Teachers to apply sunscreen to my child.

\_\_\_ I will provide a doctor's note and sunscreen for Heart of the Shepherd Child Development Center Staff and Teachers to apply to my child.

Parent's Signature (s) \_\_\_\_\_  
\_\_\_\_\_

Child's Name \_\_\_\_\_ Date \_\_\_\_\_